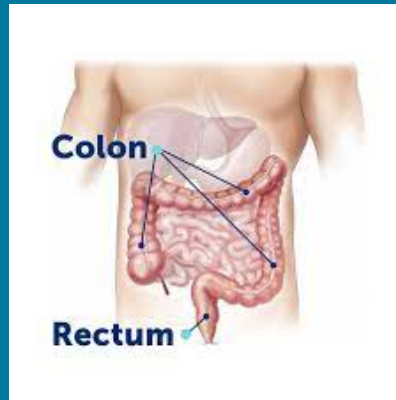


Symptoms

Change in bowel habit, constipation or diarrhea
Blood in the stool
Abdominal discomfort
Loss of appetite and weight
Weakness or fatigue



Colorectal cancer



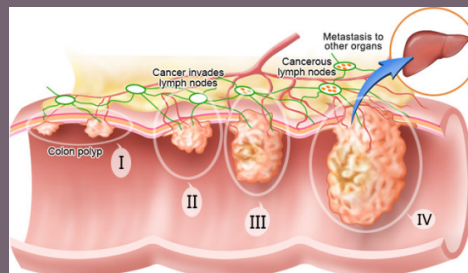
Colon and rectal cancers are the 3rd and 4th commonest cancer in Malaysia.



Investigation
Colonoscopy
CT/MRI
Blood CEA

Treatment
Surgery
Radiotherapy
Chemotherapy

RISK FACTORS



Prevention

Stay active
Exercise regularly
Reduce processed meat
Stop smoking and alcohol
High fiber diet

