

PREVENTION

STOP SMOKING

AVOID ALCOHOL

HEALTHY DIET

**STAY SEXUALLY
ACTIVE**



DO YOU HAVE CANCER?

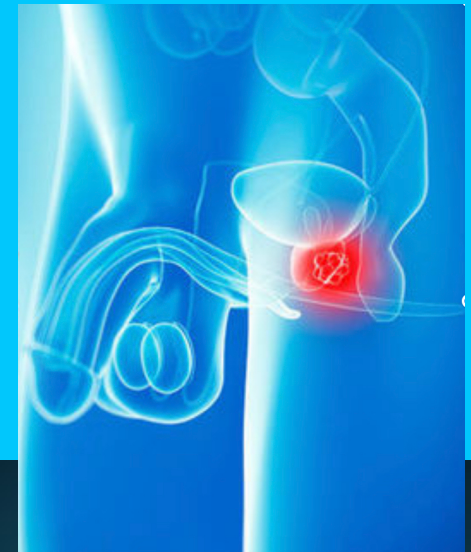
YOU ARE NOT ALONE!

**PALLIATIVE CARE ASSOCIATION
MIRI
CARES**

Comfort & Compassionate
Affection
Relief & Reliability
Empathy
Support social & spiritual

Contact us at
Tel: 012-8456480
Email:
palliativecaremiri@gmail.com

PROSTATE CANCER



SEPTEMBER

CAUSES

Age > 50 years old

Obesity

Family history

Smoking



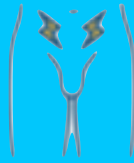
SYMPTOMS

Difficulty urinating

Blood in urine or semen

Painful urination

Sexual dysfunction



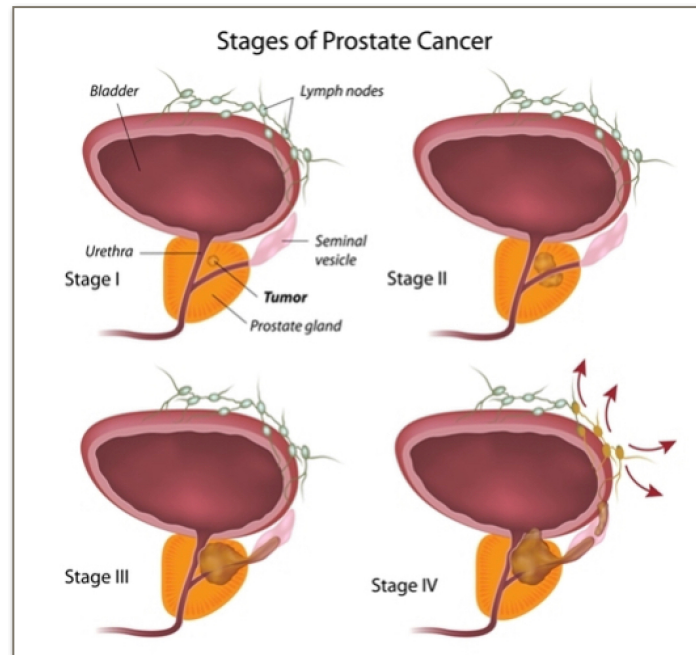
How is it diagnose?

Digital rectal examination

Transrectal ultrasound

MRI Fusion biopsy

Prostate specific antigen
(PSA) blood



Treatment



Active
surveillance



Surgery of the
prostate



Radiotherapy



Chemotherapy



Immunotherapy



Hormonal
treatments